

Keepsake Village At Greenpoint

March Newsletter

EASTER DINNER

Thursday April 18th
Limit of Two guest per
resident.
RSVP By March 29th.



**All outings and rides are
weather
permitting during the
winter months.**

LifeAsACaregiver #136

Our cat, Sam, has been acting weird and we couldn't figure out why-until yesterday-when my sister caught mom putting coffee in his food dish.

Upcoming Events & Outings

Outings

3/7 Dunkin Donuts
3/14 Freedom of Espresso
3/21 Dunkin Donuts
Drives on Wednesday & Thursday at 2:00

Entertainment

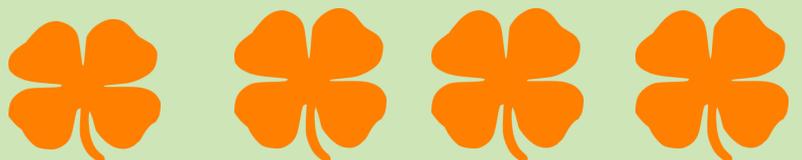
3/13 Music with Larry @3
3/20 Music with Lori @1
3/26 Music with Mike L. @1

Special Events

3/20- Birthday Party@ 2

Religious Services

3/6 Communion with John M.
10:30AM
3/14 Communion Mass 1:15 PM
(Immaculate Heart of Mary)
3/26 Church with Kathy - 10:30AM



A letter from the Executive Director...

There is something encouraging about turning the calendar over to March. Even the word, "March," sounds warmer, doesn't it? We have all been enduring a long, relentless winter but the days are starting to lengthen and we can only hope that the temperatures begin to rise, helping the snow melt away.

Though we are hopeful, since this is the month that Spring begins, colds and flu still seem to persist. Therefore, in order to keep your loved one and the residents of Keepsake Village as healthy as possible, I would like to remind everyone to please stay home if you are even slightly under the weather. We would be happy to update you, over the phone, on how your loved one is doing.

Wishing you all a Happy St. Patrick's Day, an early Spring, and an exciting month of March Madness.....**Go Orange!**

Executive Director
Matt Lefever



Weekly Reminders:

Beauty Salon Hours:

Monday 9:30-12

Wednesday 9:30-2:00

315.451.4567

Transportation Hours:

Tuesday, Wednesday &
Thursday 8:00a-3:30p

Cold and Flu

If you have any cold or flu symptoms, please do not come in to visit your loved one. You are welcome to call in and check on your loved one, and we will happily bring them to a phone to talk with you.



Visiting your Loved One

Our residents still love having visitors. Here are some tips you can use make your visits successful and positive. First of all plan your visits strategically. Limit your visitors to 1 or 2 people at a time. Too many people can be overwhelming. Talk with your other families members to make sure they're not visiting the same day. When you are visiting your loved one schedule the visits for the time of day when your loved one is usually at their best. Maybe they are not a morning person or they sundown. Visit them in their rooms or in a quiet spot in the building. It might be too much with all the noise in the building to have a good visit.

Here are some do's and don'ts when you visit.

Do's

1. Follow their lead, don't force conversation topics or activities.
2. Make eye contact/be at their level.
3. Come prepared with an activity, like something to read out loud, a photo album to look at or some of their favorite music to listen to.

Don't

1. Say do you remember? This can cause anger or embarrassment.
2. Talk down to them. They aren't children.
3. Talk about them with other people as if they're not there.

There will be more do's and don'ts in next months newsletter or you can find the information on [Http://dailycaring.com/](http://dailycaring.com/).



Happy Anniversary to our Staff!

Bhadri Baral
Bridget Cleeton
Jona May Horne
Carmen Houde
Blue Poe
Therese Reed
Jonaly Reyes
Jessica Velasco

May you have 
the **hindsight**
to know where you've been,
the **foresight**
to know where you're going,
and the **insight**
to know when you're going
too far.



Resident of the Month



Rosa

Rosa grew up in southern Italy in the mountains with lots of land and gardens. Rosa married her husband Pietro in June of 1948. They met in passing in the small village they both lived in. As custom, Pietro asked Rosa's father for her hand in marriage, however her father replied "No, she is too young. You can marry her older sister!" Rosa and Pietro have 5 children and 12 grandchildren together. Rosa spent retirement canning vegetables, cooking for crowds, going to church, spending time with family, and traveling!

Happy Birthday

Richard Griffen 3/3
Barbara Stearns 3/11
Mary Hites 3/25

Welcome to Keepsake!

**Fay Carver
Kathleen Redmore
Betty Grygiel**



KEEPSAKE VILLAGE

138 Old Liverpool Rd
Liverpool, NY 13088

Phone : 315-451-4567

Fax: 315-453-1026

Website: www.thehearth.net

Administration

Medical Director

Dr. Sharon Brangman

Executive Director

Matthew LeFever

mlefever@thehearthllc.net

Director of Nursing

Krystal Ashby

kashby@thehearthllc.net

Case Manager

Emily Pendock

ependock@thehearthllc.net

Business Office Manager

Melissa Cleeton

mcleeton@thehearthllc.net

Community Relations Director

Kimberlee Peterson

kpeterson@thehearthllc.net

Activities Director

Beth Mosher-Klebs

bmosher@thehearthllc.net

Environmental Service Director

Patrick Stanley

pstanley@thehearthllc.net

Food Service Director

Matthew Shultes